

50M	65-69	55-59	45-49	40-44	35-39	30-34	18-24
50 Free	Cathy O'Connor 1:09.51 2019		Susan Wigglesworth 49.16 2018	Mireille Segion 45.34 2017	Louise Amano 32.91 2019	Isa Davidson 41.22 2019	Kassandra Cyrenne 35.18 2018
100 Free			Nathalie Bertrand 1:37.57 2019	Mireille Segion 1:47.75 2017	Louise Amano 1:14.66 2019	Patricia Alfaro 1:39.35 2017	
200 Free		Isabelle Chartrand 3:49.89 2018	Chantal Frigon 3:26.73 2018	Mireille Segion 4:13.11 2017			
400 Free		Isabelle Chartrand 8:09.55 2019	Nathalie Bertrand 7:44.05 2019			Isa Davidson 8:43.99 2019	
800 Free		Isabelle Chartrand 16:37.52 2019	Nathalie Bertrand 15:36.64 2019			Isa Davidson 17:59.09 2019	
1500 Free		Isabelle Chartrand 31:38.00 2019	Nathalie Bertrand 29:21.73 2019			Isa Davidson 34:22.00 2019	
50 Back							
100 Back			Nathalie Bertrand 2:13.54 2019		Louise Amano 1:28.63 2018	Catherine St-Gelais 2:06.42 2018	Kassandra Cyrenne 1:27.85 2018
200 Back					Louise Amano 3:17.92 2017		
50 Breast							
100 Breast		Isabelle Chartrand 2:09.89 2019	Chantal Frigon 1:51.69 2018		Louise Amano 1:37.82 2019	Isa Davidson 1:59.50 2019	
200 Breast						Isa Davidson 4:47.95 2019	
50 Butterfly							
100 Butterfly							
200 Butterfly							
100 IM							
200 IM			Chantal Frigon 3:53.44 2018		Louise Amano 3:10.34 2019		
400 IM							