

Swimmers who have reached time standards
Times were considered, where standards are reached for 85%.
September 1, 2024 to December 29, 2025

Short Course (25m)

Standard 25m Standard 50m 25m Pool 50m Pool

Provincial

Boyko Tomas, 2012-07-24

2	50 Freestyle	31.60	32.58	32.79	Dorval	2025-10-19	92.9%
4	100 Freestyle	1:09.54	1:11.70	1:13.31	Gatineau	2025-12-14	90.0%
6	200 Freestyle	2:32.11	2:36.82	2:38.54	Gatineau	2025-12-12	92.1%
8	400 Freestyle	5:31.54	5:41.80	5:33.80	Gatineau	2025-12-13	98.7%
14	50 Backstroke	36.33	37.45	37.94	Gatineau	2025-12-12	91.7%
16	100 Backstroke	1:18.50	1:20.93	1:24.21	LaSalle	2025-11-08	86.9%
34	200 Medley	2:52.67	2:58.01	3:01.38	LaSalle	2025-11-09	90.6%
36	400 Medley	6:17.20	6:28.86	6:14.92	Côte Saint-Luc	2025-11-23	101.2%

Caza Charlotte, 2012-01-27

23	200 Breaststroke	3:18.55	3:24.69		3:41.63	LaSalle	2025-02-02	85.3%
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Chan Alvin, 2014-03-01

4	100 Freestyle	1:14.15	1:16.44	1:19.92	Gatineau	2025-12-14	86.1%
8	400 Freestyle	5:53.16	6:04.09	6:12.65	Gatineau	2025-12-13	89.8%
20	50 Breaststroke	42.63	43.94	45.60	LaSalle	2025-11-09	87.4%
22	100 Breaststroke	1:33.92	1:36.82	1:36.40	Gatineau	2025-12-14	94.9%
24	200 Breaststroke	3:29.69	3:36.17	3:38.37	Gatineau	2025-12-12	92.2%

Chang Meng, 2015-03-31

20	50 Breaststroke	42.63	43.94	45.60	Saint-Laurent	2025-12-13	87.4%
22	100 Breaststroke	1:33.92	1:36.82	1:38.33	Montréal	2025-02-22	91.2%

Denis Éléa, 2013-04-25

1	50 Freestyle	35.56	36.66	34.51	Dollard-des-Ormea	2025-05-31	106.2%
3	100 Freestyle	1:17.63	1:20.03	1:19.92	Dollard-des-Ormea	2025-06-01	94.4%
13	50 Backstroke	40.54	41.79	41.67	Blainville	2025-02-15	94.6%
15	100 Backstroke	1:27.29	1:29.99	1:32.87	Côte Saint-Luc	2024-11-23	88.3%
17	200 Backstroke	3:11.85	3:17.78	3:18.12	Dollard-des-Ormea	2025-06-01	93.8%
19	50 Breaststroke	45.14	46.53	47.84	Blainville	2025-02-16	89.0%
21	100 Breaststroke	1:39.29	1:42.36	1:44.42	Dollard-des-Ormea	2025-05-31	90.4%
33	200 Medley	3:11.10	3:17.01	3:23.75	Dollard-des-Ormea	2025-06-01	88.0%

Lei Kaidi, 2014-07-03

4	100 Freestyle	1:14.15	1:16.44	1:17.80	Gatineau	2025-12-14	90.8%
6	200 Freestyle	2:42.18	2:47.19	2:47.80	Gatineau	2025-12-12	93.4%
8	400 Freestyle	5:53.16	6:04.09	5:55.08	Gatineau	2025-12-13	98.9%
10	800 Freestyle	12:20.02	12:42.91	12:36.77	Côte Saint-Luc	2025-11-21	95.6%
18	200 Backstroke	3:05.90	3:11.65	3:11.47	Gatineau	2025-12-14	94.3%
22	100 Breaststroke	1:33.92	1:36.82	1:36.98	Dorval	2025-10-19	93.8%
24	200 Breaststroke	3:29.69	3:36.17	3:23.29	Gatineau	2025-12-12	106.4%

Lyeshchyner Anastasia, 2012-12-20

1	50 Freestyle	33.47	34.51		35.62	LaSalle	2025-02-02	93.9%
3	100 Freestyle	1:13.13	1:15.39		1:18.75	LaSalle	2025-05-03	91.6%
5	200 Freestyle	2:38.80	2:43.71	2:47.93		Saint-Laurent	2025-12-14	89.4%
7	400 Freestyle	5:42.80	5:53.40	5:56.69		LaSalle	2025-10-24	92.4%
13	50 Backstroke	38.15	39.33	40.11		LaSalle	2025-11-09	90.5%
15	100 Backstroke	1:22.23	1:24.77	1:28.91		Saint-Laurent	2025-12-14	85.5%
17	200 Backstroke	3:00.89	3:06.48	3:13.13		Côte Saint-Luc	2025-11-23	87.7%
33	200 Medley	3:00.02	3:05.59	3:13.65		Côte Saint-Luc	2025-11-21	86.4%
35	400 Medley	6:30.96	6:43.06	6:56.28		Côte Saint-Luc	2025-11-23	88.2%

Ramirez Rocco, 2013-12-02

2	50 Freestyle	33.73	34.77	32.32	Gatineau	2025-12-13	108.9%
4	100 Freestyle	1:14.15	1:16.44	1:13.95	LaSalle	2025-11-09	100.5%
6	200 Freestyle	2:42.18	2:47.19	2:37.39	Gatineau	2025-12-12	106.2%
8	400 Freestyle	5:53.16	6:04.09	5:42.80	Gatineau	2025-12-13	106.1%
10	800 Freestyle	12:20.02	12:42.91	11:57.63	Côte Saint-Luc	2025-11-21	106.3%
12	1500 Freestyle	23:20.05	24:03.35	22:25.79	Côte Saint-Luc	2025-11-21	108.2%

	Standard 25m	Standard 50m	25m Pool	50m Pool			
Ramirez Rocco, 2013-12-02							
14 50 Backstroke	38.77	39.97	39.54		LaSalle	2025-11-09	96.1%
16 100 Backstroke	1:23.70	1:26.69	1:24.93		LaSalle	2025-11-08	97.1%
18 200 Backstroke	3:05.90	3:11.65	3:17.87		Pointe-Claire	2025-02-15	88.3%
22 100 Breaststroke	1:33.92	1:36.82	1:37.03		Gatineau	2025-12-14	93.7%
24 200 Breaststroke	3:29.69	3:36.17	3:40.83		Côte Saint-Luc	2025-06-15	90.2%
34 200 Medley	3:04.09	3:09.79	3:13.77		Saint-Hyacinthe	2025-06-29	90.3%
36 400 Medley	6:41.80	6:54.22	6:41.58		Gatineau	2025-12-14	100.1%

Sablauskas George, 2012-09-30							
2 50 Freestyle	31.60	32.58	34.04		LaSalle	2025-11-08	86.2%
8 400 Freestyle	5:31.54	5:41.80	5:41.38		Gatineau	2025-12-13	94.3%
10 800 Freestyle	11:34.72	11:56.20	12:26.15		Côte Saint-Luc	2025-11-21	86.7%
12 1500 Freestyle	21:54.33	22:34.98	23:26.10		Côte Saint-Luc	2025-11-21	87.4%
20 50 Breaststroke	39.94	41.18	41.76		LaSalle	2025-11-09	91.5%
22 100 Breaststroke	1:28.09	1:30.81	1:27.92		Gatineau	2025-12-14	100.4%
24 200 Breaststroke	3:16.85	3:22.94	3:15.81		Gatineau	2025-12-12	101.1%
34 200 Medley	2:52.67	2:58.01	3:02.01		Gatineau	2025-12-13	90.0%
36 400 Medley	6:17.20	6:28.86	6:39.11		Côte Saint-Luc	2025-11-23	89.3%

Tsoi Bennett, 2012-09-05

has no times better than 55% compared to standards.

Zhang Xiyao, 2012-10-17

has no times better than 83% compared to standards.

Junior

An Cathy, 2011-09-07							
1 50 Freestyle	32.16	33.16	29.89		Blainville	2025-03-29	115.8%
3 100 Freestyle	1:10.32	1:12.49	1:05.82		LaSalle	2025-11-09	114.1%
5 200 Freestyle	2:32.69	2:37.41	2:19.41		Saint-Hyacinthe	2025-06-27	120.0%
7 400 Freestyle	5:29.81	5:40.01	4:57.17		Gatineau	2025-12-13	123.2%
9 800 Freestyle	11:24.71	11:45.89	10:33.58		Blainville	2025-03-28	116.8%
11 1500 Freestyle	21:56.75	22:37.47	19:48.85		Saint-Hyacinthe	2025-06-28	122.7%
13 50 Backstroke	36.66	37.80	34.20		LaSalle	2025-11-09	114.9%
15 100 Backstroke	1:19.07	1:21.51	1:14.05		Gatineau	2025-12-12	114.0%
17 200 Backstroke	2:54.03	2:59.42	2:33.92		Gatineau	2025-12-13	127.8%
19 50 Breaststroke	40.28	42.08	39.25		LaSalle	2025-11-09	105.3%
21 100 Breaststroke	1:29.93	1:32.71	1:25.47		Saint-Constant	2025-04-13	110.7%
23 200 Breaststroke	3:18.55	3:24.69	3:01.66		Saint-Constant	2025-04-12	119.5%
25 50 Butterfly	34.36	35.42	33.88		Dorval	2025-10-18	102.9%
27 100 Butterfly	1:16.81	1:19.19	1:15.78		Dorval	2025-10-19	102.7%
29 200 Butterfly	2:54.74	3:00.15	2:58.20		LaSalle	2025-11-08	96.2%
33 200 Medley	2:53.09	2:58.45	2:38.79		Saint-Hyacinthe	2025-06-29	118.8%
35 400 Medley	6:16.16	6:27.79	5:35.30		Saint-Hyacinthe	2025-06-27	125.9%

Boulanger-Berthiaume Zoé, 2011-08-06							
1 50 Freestyle	32.16	33.16	30.32		LaSalle	2025-11-08	112.5%
3 100 Freestyle	1:10.32	1:12.49	1:08.38		Saint-Hyacinthe	2025-06-28	105.8%
5 200 Freestyle	2:32.69	2:37.41	2:25.82		Saint-Hyacinthe	2025-06-27	109.6%
7 400 Freestyle	5:29.81	5:40.01	5:08.55		LaSalle	2025-10-24	114.3%
9 800 Freestyle	11:24.71	11:45.89	10:41.34		Saint-Hyacinthe	2025-06-29	114.0%
11 1500 Freestyle	21:56.75	22:37.47	21:54.87		Blainville	2025-03-28	100.3%
13 50 Backstroke	36.66	37.80	36.36		LaSalle	2025-11-09	101.7%
15 100 Backstroke	1:19.07	1:21.51	1:18.42		Blainville	2025-02-16	101.7%
17 200 Backstroke	2:54.03	2:59.42	2:43.77		Saint-Hyacinthe	2025-06-29	112.9%
19 50 Breaststroke	40.28	42.08		44.67	LaSalle	2025-02-01	88.7%
21 100 Breaststroke	1:29.93	1:32.71	1:31.06		Dorval	2025-10-19	97.5%
23 200 Breaststroke	3:18.55	3:24.69	3:15.36		Blainville	2025-02-14	103.3%
25 50 Butterfly	34.36	35.42	33.58		LaSalle	2025-11-08	104.7%
27 100 Butterfly	1:16.81	1:19.19	1:22.64		Dorval	2025-10-19	86.4%
29 200 Butterfly	2:54.74	3:00.15	3:08.69		Saint-Hyacinthe	2025-06-28	85.8%
33 200 Medley	2:53.09	2:58.45	2:43.73		Gatineau	2025-12-13	111.8%
35 400 Medley	6:16.16	6:27.79	6:00.62		Saint-Hyacinthe	2025-06-27	108.8%

	Standard 25m	Standard 50m	25m Pool	50m Pool			
Le Negaret Côme, 2011-06-14							
2 50 Freestyle	29.72	30.64	31.12		Gatineau	2025-12-13	91.2%
10 800 Freestyle	10:54.44	11:14.68	11:27.49		Côte Saint-Luc	2025-11-21	90.6%
14 50 Backstroke	34.16	35.21	36.71		LaSalle	2025-11-09	86.6%
18 200 Backstroke	2:44.40	2:49.49	2:55.59		Gatineau	2025-12-13	87.7%
Liu Mark, 2010-08-19							
2 50 Freestyle	28.77	29.66	29.78		LaSalle	2025-11-08	93.3%
4 100 Freestyle	1:03.41	1:05.37	1:05.12		Gatineau	2025-12-14	94.8%
6 200 Freestyle	2:18.69	2:22.98	2:24.10		LaSalle	2025-11-08	92.6%
8 400 Freestyle	5:02.71	5:12.07	5:12.27		LaSalle	2025-10-24	94.0%
10 800 Freestyle	10:34.31	10:53.92	10:34.48		Gatineau	2025-12-14	99.9%
12 1500 Freestyle	20:00.04	20:37.16	20:31.70		Côte Saint-Luc	2025-11-21	94.9%
14 50 Backstroke	33.07	34.10	34.74		Dorval	2025-10-19	90.6%
16 100 Backstroke	1:11.58	1:13.79	1:11.92		Gatineau	2025-12-12	99.1%
18 200 Backstroke	2:39.34	2:44.27	2:34.95		Gatineau	2025-12-13	105.7%
24 200 Breaststroke	2:59.73	3:05.29		3:20.93	LaSalle	2025-02-02	85.0%
26 50 Butterfly	30.68	31.63	31.80		LaSalle	2025-11-08	93.1%
34 200 Medley	2:37.43	2:42.30	2:37.41		Gatineau	2025-12-13	100.0%
36 400 Medley	5:44.40	5:55.05	5:34.10		Gatineau	2025-12-12	106.3%
Shi Yuhan, 2010-10-08							
1 50 Freestyle	31.64	32.62	31.33		Gatineau	2025-12-13	102.0%
3 100 Freestyle	1:09.19	1:11.33	1:10.62		Gatineau	2025-12-14	96.0%
9 800 Freestyle	11:13.93	11:34.77	12:01.08		Côte Saint-Luc	2025-11-21	87.3%
13 50 Backstroke	36.07	37.18	38.23		LaSalle	2025-11-09	89.0%
15 100 Backstroke	1:17.80	1:20.21	1:23.23		Gatineau	2025-12-12	87.4%
19 50 Breaststroke	40.16	41.40	43.53		Dorval	2025-10-18	85.1%
21 100 Breaststroke	1:28.49	1:31.23	1:35.41		Gatineau	2025-12-14	86.0%
23 200 Breaststroke	3:15.42	3:21.47	3:27.28		Gatineau	2025-12-12	88.9%
25 50 Butterfly	33.80	34.85	36.04		Dorval	2025-10-18	88.0%
33 200 Medley	2:50.32	2:55.59	3:02.45		Gatineau	2025-12-13	87.1%

Senior

Mgaidi Chadi, 2010-04-20							
2 50 Freestyle	28.77	29.66	28.78		Gatineau	2025-12-13	99.9%
4 100 Freestyle	1:03.41	1:05.37	1:08.57		LaSalle	2025-11-09	85.5%
6 200 Freestyle	2:18.69	2:22.98	2:27.81		LaSalle	2025-11-08	88.0%
8 400 Freestyle	5:02.71	5:12.07	5:10.78		Gatineau	2025-12-13	94.9%
10 800 Freestyle	10:34.31	10:53.92	11:02.44		Côte Saint-Luc	2025-11-21	91.7%
14 50 Backstroke	33.07	34.10	35.80		LaSalle	2025-11-09	85.3%
20 50 Breaststroke	36.37	37.49	37.91		Gatineau	2025-12-12	92.0%
22 100 Breaststroke	1:20.32	1:22.80	1:23.39		Gatineau	2025-12-14	92.8%
24 200 Breaststroke	2:59.73	3:05.29	3:04.67		Gatineau	2025-12-12	94.7%

Tourangeau Lyvia, 2007-11-17

has no times better than 0% compared to standards.